

**TOWNSEND PARENTMAIL NEWSLETTER**  
**Friday 22<sup>nd</sup> September 2017**

**'THOUGHT FOR THE WEEK'**

"Kites rise highest against the wind, not with it" – Sir Winston Churchill

**WORSHIP AT TOWNSEND**

Each month we have a different values focus for the school. For September our value focus is Respect "Treat others the same way you want them to treat you" Luke 6:31. Our values for each month will be shared in daily worship sessions. Students will have the opportunity to reflect on their meanings with a particular reference to how we lead our everyday lives.

**OPEN EVENING 2017**

A reminder that Open Evening is on Wednesday 27<sup>th</sup> 6-9.30pm. School will be closed at 12.30. The two school buses will pick up children at 12.30. For any public bus journey you will need to check with their timetables. Any students helping will have information from subject teachers about the time they are helping and where they should meet. Students who are helping in the evening cannot stay in school for the afternoon. They must be collected and returned as there is no supervision for them.

We do thank you for your support for this important evening. If you have friends or family or know people who are working at primary schools please do help us promote this evening in your community. We would love to see as many Year 6 children and parents as possible Wednesday.

If you would like to help in the evening please do contact the school office and leave your details or just turn up on the evening and report for 'duty at reception! Thank you.

**DUKE OF EDINBURGH**

Last weekend we took 10 students on the Silver qualifying expedition. We are pleased to say that all students passed the expedition stage and now they just need to complete their online parts. On the weekend of the 30<sup>th</sup> we are taking our year 11's for their Bronze qualifying. Fingers crossed for the weather!! Mrs Liddington

**MORFA BAY- YEAR 11 GCSE PE GROUP**

A reminder for parents that there is Parents Information Evening next week on Thursday 28<sup>th</sup> September here at Townsend School in the Lecture Theatre, starting at 6-45pm. Please can any outstanding OV7 forms be handed into the office as a matter of urgency, and also any outstanding payments be made by Friday 29<sup>th</sup> September. I look forward to seeing you all on Thursday. Mr Still

**BATTLEFIELDS TRIP- YPRES 2017 YEAR 9**

A reminder for parents that there is a Parents Information Evening next week on Thursday 28<sup>th</sup> September in the School Hall. The meeting will start at 7pm. Please can you bring your child's passport with you on the evening, as I will need to pass on the information to the travel company. Please can I remind you that final payments need to be paid by Friday 6<sup>th</sup> October. Many thanks, Mr Armitage.

**EUROPEAN DAY OF LANGUAGES**

On Tuesday students and the school will be celebrating European Day of Languages. Why don't you join in by talking to your child in a different language to your everyday language. The students are all studying French so this could be a start! Au revoir and bon chance!

### **SIXTH FORM**

The year 12 Further Education evening planned for Monday 25<sup>th</sup> September has had to be cancelled due to insufficient response.

### **SHOW MY HOMEWORK**

May we apologise for the problems that has occurred with Show my Homework since the start of term and would now ask that you follow the instructions below to get on to it.

Instructions to access Showmyhomework

The website address is [www.showmyhomework.co.uk/login](http://www.showmyhomework.co.uk/login)

Enter Townsend School, your email address and password.

If you have lost your password, click on 'Forgot password?' or for any other problems call Show My Homework on 0207 197 9550

### **SUBJECT INFORMATION**

#### **Physical Education**

##### **Results**

Year 8 netball team played their first game of the season against a strong STAGS side. It was great to introduce some new players to the squad and find out new positions for those who played last year. Unfortunately we had a 10-1 loss. We had some good play, but aren't as experienced as STAGS. With more practice and regular training we will improve.

Some of our year 7s took part in their 3<sup>rd</sup> District Cross Country Competition of the year on Thursday with some improved times and great determination we just keep getting better.

The year 10 boys kept up their winning streak with a 27-15 win against Sir John Lawes on Monday. They have now played two won two. They have their third league game next week Vs Samuel Ryder. Lets hope they can continue their unbeaten run.

##### **Fixtures**

- Monday 25<sup>th</sup> September – year 8 netball home Vs STAHS 3.30 – 5pm
- Monday 25<sup>th</sup> September- Year 10 Basketball Away Vs Samuel Ryder 3.30-5pm
- Tuesday 26<sup>th</sup> September – year 9 and year 10 netball home vs Marlborough 3.30 – 5pm
- Thursday 28<sup>th</sup> September – District Cross Country – all years at Nicholas Breakspear School 3.30 – 5/5.15pm

***This week we have been asked to pass on the following information as part of our support for the community. Please note that although we are very happy to pass on information these are not Townsend sponsored or organised events.***

### **MODEL ENGINEERING WEEKEND AT TOWNSEND**

On Saturday 23rd and Sunday 24th September, Townsend School is hosting a large regional model engineering exhibition (1030 – 1600hrs)

The exhibition has proved to be very popular and a big success in recent years with “active displays” of Planes, Helicopters, Boats (in a large water tank), Trains, Trucks, Cars and much much more.

There is a small entrance fee – everyone is welcome.

### **The Happy Children Wellbeing Conference**

The Happy Children Wellbeing Conference on Saturday September 23<sup>rd</sup> is being held to support parents, grandparents and teachers and to give them the latest information for children’s wellbeing. It is being organised in Brookmans Park School by Kat Shaw, teacher, Reiki Master and Mindfulness coach. Kat holds mindfulness classes in schools, as this is known to improve how they learn and to help them manage their feelings in the hectic pace of school and home life today.

There is much talk recently about wellbeing and inner resilience. These words can sound heavy or seem just buzz words but wellbeing is feeling good and inner resilience is having the inner resources to get back to love and joy.

Many children need help with this - sometimes at home, sometimes in school.

This conference is not going to make extra work for you to ‘do’ with your child. It’s looking at current approaches to make family life easier and help children thrive now and in the future, developing effective skills that will last them a lifetime.

This conference is a time for community and support. There will be other parents in very similar situations to you – all wanting the best for their children.

The main speaker is neuroscientist Dr Lynda Shaw, who will talk about bullying.

There are other speakers and stalls covering mindfulness, play therapy, ‘a little bit of calm’, reflexology, young healthy minds, child psychology, sleep, yoga, birth reflections, the Journey method, NLP, EFT, CBT and hypnosis.

Felicity Evans will be handing out free Happiness boxes, filled with marbles or ‘jewels’. These boxes are one way to help children express their feelings. Her ‘Handbook for 21<sup>st</sup> Century Mums and Dads’, with lots more information and innovative ideas, will be available at the special conference price of £10.

The Conference will be giving out goody bags packed with information and there will be a raffle to raise money for the charity ‘Rephael House Children’s Counselling Services’.

Ticket prices are £45 per person.

<https://www.eventbrite.co.uk/e/happy-children-wellbeing-conference-tickets-33763634941>