

# Top revision tips

1

## Start as early as you can

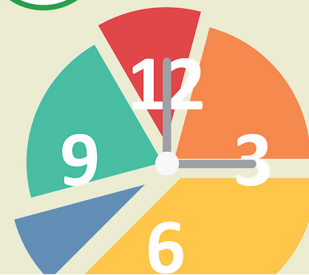
Cramming at the last minute is stressful and has limited success.



2

## Make a plan

Work out how much time you have and how long you can spend on each subject.



3

## Create a suitable space

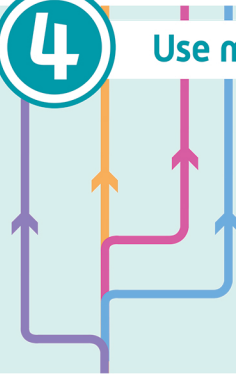
Find a quiet spot away from distractions and keep your things all in one place.



4

## Use methods best for you

Choose the most appropriate revision methods and try to use a mixture for best results.



5

## Take regular breaks

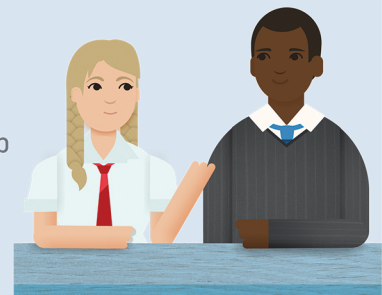
It is possible to work too hard! Your brain needs a rest to help it process information.



6

## Revise with a friend

Talking through what you've learned can help information stick.



7

## Use past papers

These are a great way of getting used to the exam format and testing what you've learned.



8

## Eat healthily

Certain foods boost your brainpower and will make you remember more.

