

# Super-Curricular Guide: Sport



# What Does UCAS Say...?

You can choose to study through vocational and academic routes, either through an apprenticeship or on more traditional higher education courses. Universities and colleges in the UK offer diplomas, foundation degrees, higher education diplomas, honours degrees, and postgraduate and professional qualifications in sport including the following:

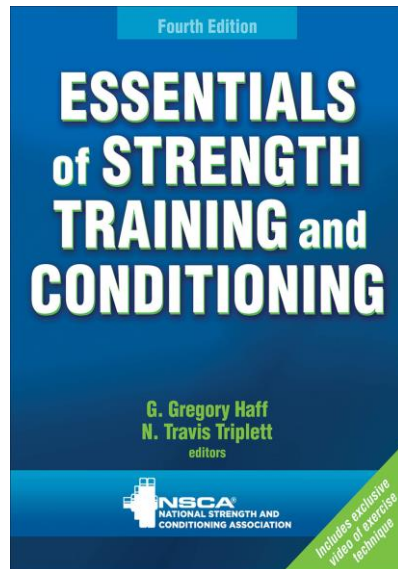
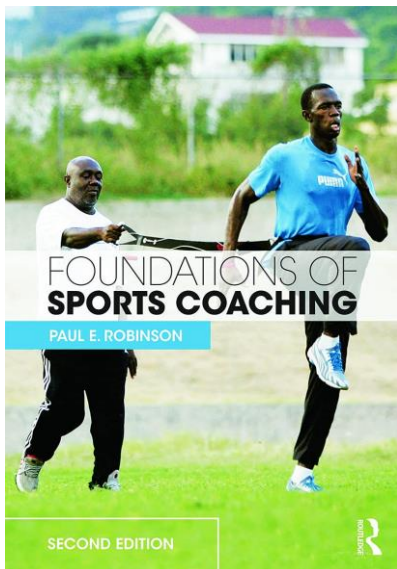
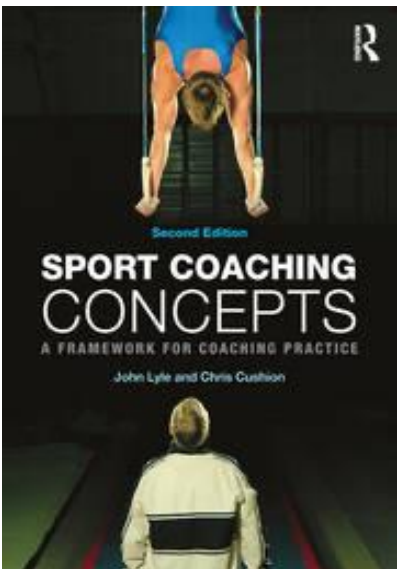
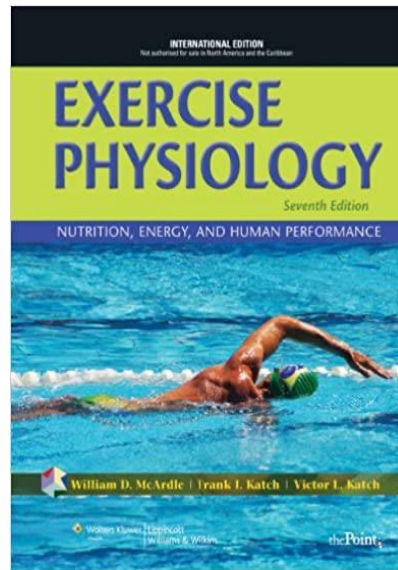
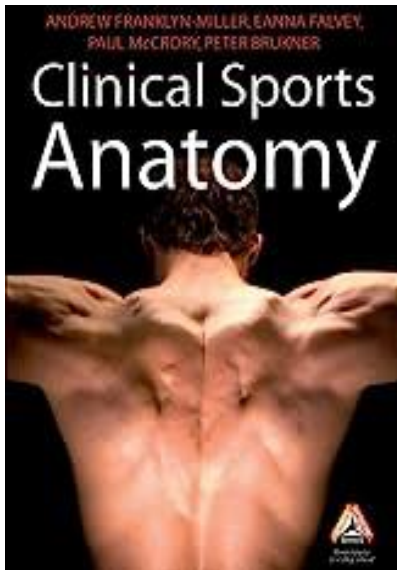
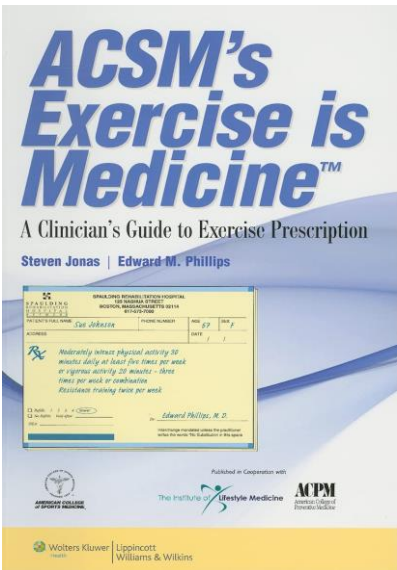
- [Activity leadership](#)
- [Sports administration and governance](#)
- [Sports coaching](#)
- [Leisure operations and management](#)
- [Physiotherapy](#)
- [Spectator safety](#)
- [Sport and exercise science](#)
- [Sports journalism](#)
- [Sports performance](#)
- [Sports photography](#)

Course options include: single, joint, and combined subject combinations, full-time, and part-time (most offer professional placements), distance learning.





# Read!





# Click!

<https://www.free-anatomy-quiz.com/>



## Free Anatomy Quiz

Anatomy Physiology Therapies Resources Faq

> Home

### You can become an expert on the human body

Learning anatomy and physiology is easy; the trick is repetition.

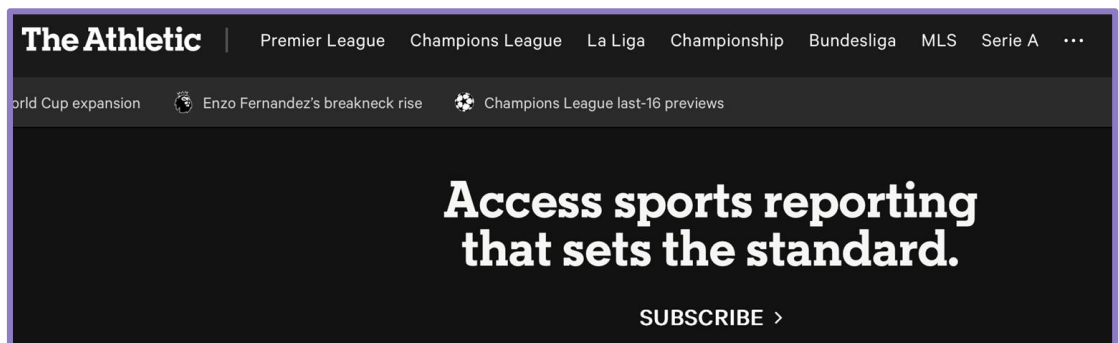
But how do you practice without getting bored? Easy again: on this website you'll find more than 200 free multiple-choice quizzes covering the anatomy (structure), physiology (function) and pathologies (disorders) of the human body, and you can repeat the quizzes as often as you like.

So whether you're a student of biology, nursing, medicine or massage; where would you like to start?



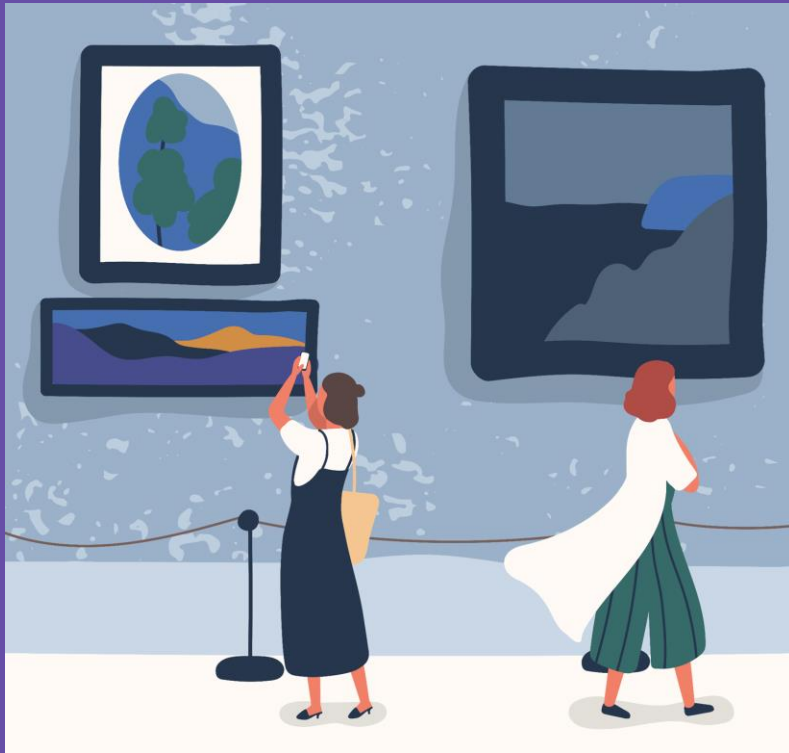
<https://www.90min.com/>

/



<https://theathletic.com/uk/>

Watch your local teams and competitions in a variety of sports!



# Visit!

## Anatomy and Pathology Museum

<https://www.rcseng.ac.uk/museums-and-archives/anatomy-and-pathology-museum/>

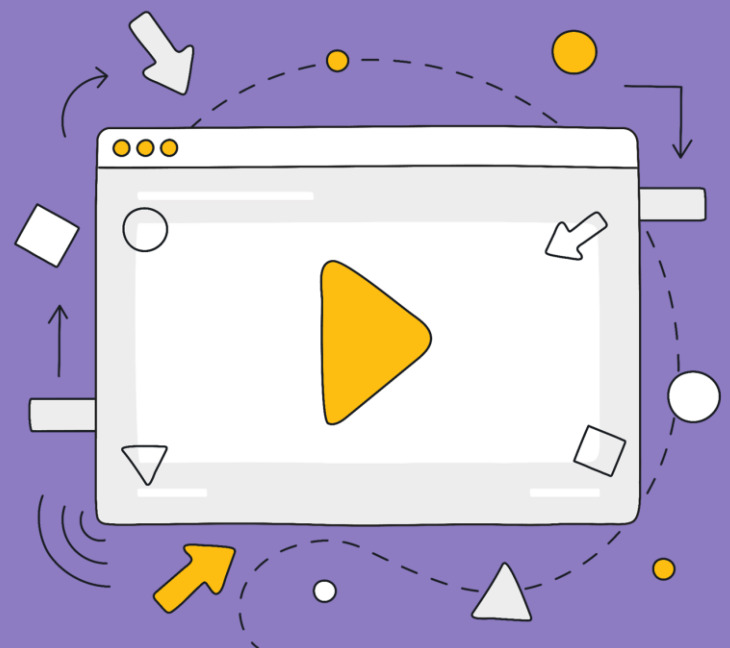
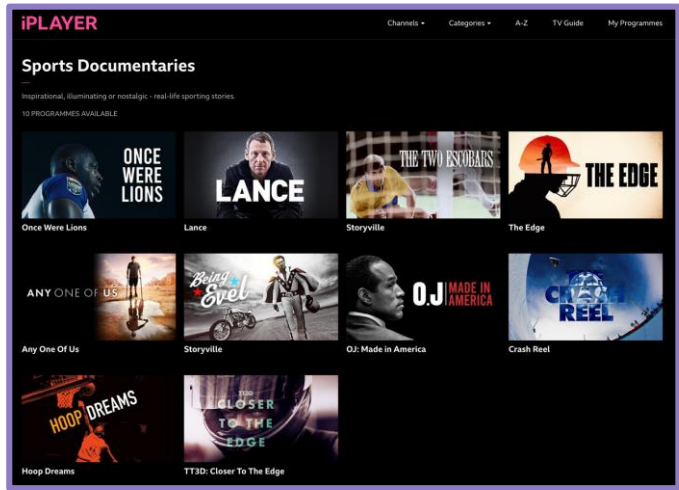
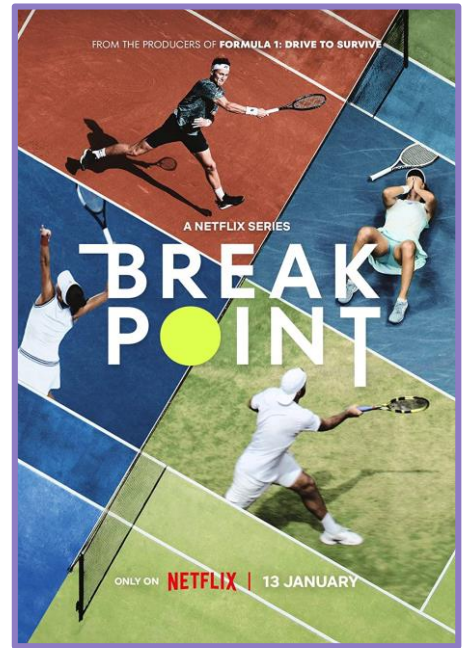
**The Anatomy and Pathology Museum (APM), supports medical and allied health trainees and professionals in their understanding of human anatomy and pathology**

**Open Monday-Friday 10am-5pm (not Bank Holidays)**



<https://www.uk-sport.gov.uk/tickets>

<https://www.bbc.co.uk/iplayer/group/p08pxr6c>

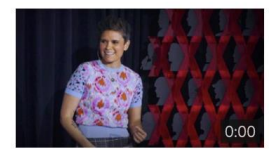


# Watch!

<https://www.ted.com/talks?sort=newest&topics%5B%5D=sports>



*Kate Ackerman*  
**What girls and women in sports need to unlock their potential**  
Posted Feb 2023



*Kate Fagan*  
**Why people love watching sports**  
Posted Nov 2022



*Rasmus Ankersen*  
**How to outthink your competition — with a lesson from sports**  
Posted Oct 2022



*Alex Smith*  
**An NFL quarterback on overcoming setbacks and self-doubt**  
Posted Sep 2021



*Armand D'Angour*  
**The ancient origins of the Olympics**  
Posted Jul 2021



*Michael Green*  
**The nuances of flag design — and how branding unifies us**  
Posted May 2021



# Listen!

**The A Level PE Podcast**  
lesley malloch  
EDUCATION

This is an unofficial A Level PE podcast to help you revise for the AQA specification.

[▶ Latest Episode](#) [+ Follow](#) [⋮](#)

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### Sport Podcasts

EPISODES (74 AVAILABLE)

- Rugby Union Daily**  
The weekend review with Beattie and Ashy  
Chris, Ugo, Ashy and Johnnie Beattie review another compelling Six Nations weekend.  
54 mins | 13 Mar 2023  
[More episodes](#)
- Football Daily**  
Arsenal's lead, Casemiro's red & Liverpool's loss  
Aaron Paul talks Arsenal's five-point lead, Casemiro's red card & Liverpool's loss.  
46 mins | 12 Mar 2023  
[More episodes](#)
- Sport's Strangest Crimes**  
Spygate  
Bonus Episode: Listener Questions  
Spygate returns to answer listener questions from the series.  
34 mins | 31 Jan 2023  
[More episodes](#)
- Tailenders**  
It Didn't Go Wellington  
Jimmy relives the extraordinary second Test match between NZ and England in Wellington.  
56 mins | 08 Mar 2023  
[More episodes](#)

<https://www.bbc.co.uk/sounds/podcasts/sport>

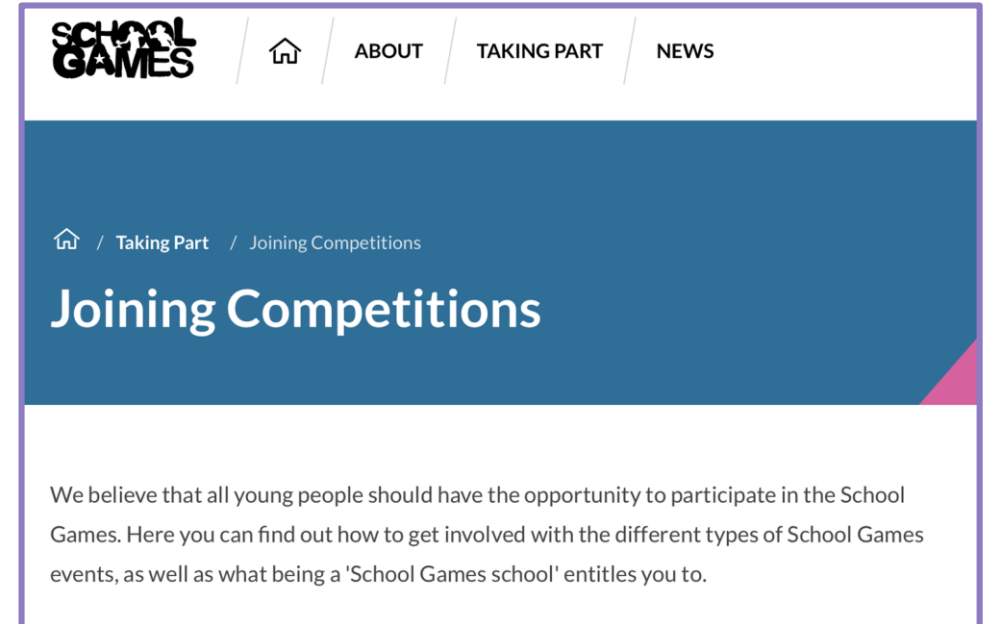
**THE REAL SCIENCE OF SPORT PODCAST**  
WITH PROFESSOR ROSS TUCKER AND SPORTS JOURNALIST MIKE FINCH

<https://play.acast.com/s/realscienceofsport>

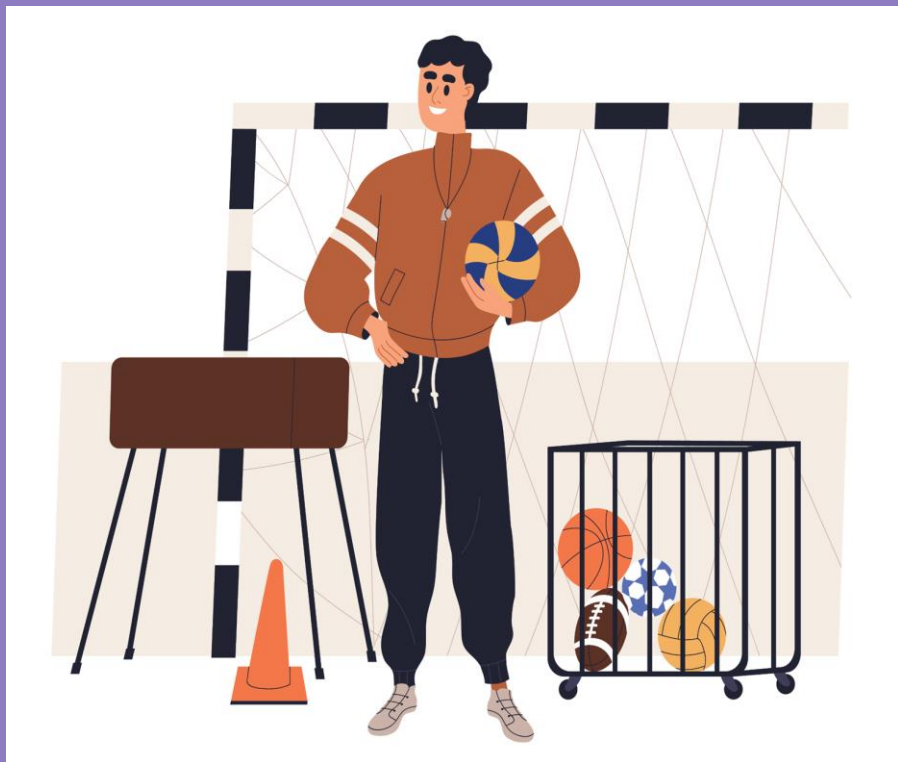
<https://www.yourschoolgames.com/taking-part/joining-competitions/>



# Compete!



Enroll in local teams  
and competitions in a  
variety of sports!



# Experience!

**SCHOOL GAMES** | [HOME](#) | [ABOUT](#) | [TAKING PART](#) | [NEWS](#)

[Home](#) / [Taking Part](#) / [Leadership and Volunteering](#)

## Leadership and Volunteering

The School Games offers excellent leadership and volunteering opportunities to both primary and secondary schools.

**We encourage all schools to:**

- Seek opinions and views of young people in the planning of School Games activities by creating a sport specific workforce
- Provide opportunities for young people to officiate, coach, and lead activities in addition to participation opportunities
- Consider the wider roles that could be assigned around school sport to ensure that everyone can be involved
- Consult the NGB Leadership Pathways booklet which outlines the recommended journey for young leaders.

<https://www.yourschoolgames.com/taking-part/leadership-and-volunteering/>

<https://www.better.org.uk/volunteer>

[https://www.london.gov.uk/what-we-do/volunteering/search/search-opportunities?search\\_api\\_fulltext=Sports&latlng%5Bdistance%5D%5Bfrom%5D=100000&latlng%5Bvalue%5D=](https://www.london.gov.uk/what-we-do/volunteering/search/search-opportunities?search_api_fulltext=Sports&latlng%5Bdistance%5D%5Bfrom%5D=100000&latlng%5Bvalue%5D=)

<https://www.uk-sport.gov.uk/tickets>



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### Find a volunteering role

**Search**

Search by activity, cause or organisation

[Apply filter](#)

# Keep a Super-Curricular Activities Record for Personal Statement and Interviews

- What did you do?
- What was interesting, significant and relevant?
- How was your perception or view of the subject matter changed?
- What did you agree or disagree with and why?
- What further questions were raised?
- What could you do to explore these questions further?
- What skills or understanding were developed?

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