

KICK START

**Building Life Skills through
Football**

Brought to you by



Who is it for?

- Students aged 8-16 at risk of school exclusion
- Those who want to improve behaviour & focus through football

What will they learn?

- ✓ Discipline & Respect
- ✓ Teamwork & Communication
- ✓ Handling Emotions & Frustration
- ✓ Leadership & Confidence

Programme Details:



6 Week programme



One 50 Minute session per week



Small group coaching & mentoring

For more information and availability contact our office:



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