

Supporting Dads with Protective Behaviours

For Dads & Male Carers

Online course
starting
October 2026



Thursday evenings

1 Oct—26 Nov
7.00pm—9.00pm
(excluding half term)

Are you looking for strategies and new ideas to help improve family life?

This fully funded 8-week term time course can help you to:

Understand what may be influencing your child's behaviour

Understand how Feelings, Thoughts and Behaviour link together

Respond to a range of feelings e.g. anger, frustration, anxiety, stress and worry

Improve communication to build better relationships

Build on your own and your child's strengths

Learn strategies to help you and your family feel safe

For eligibility and to book your fully funded place please use this link or the QR code

<https://forms.office.com/e/xx8X4pUcj4>

or email: enquiries@familiesfeelingsafe.co.uk

***to be eligible to book a place, either parent, child/ren or both need to live in Hertfordshire**



Funded by
Hertfordshire
County Council



Please like us on Facebook for further updates @familiesfeelingsafe